

## COLONOSCOPY PREP USING MOVI PREP® *for procedures scheduled **10:00AM OR LATER***

Patient \_\_\_\_\_

Doctor \_\_\_\_\_

Date \_\_\_\_\_

Arrival Time \_\_\_\_\_

Procedure Time \_\_\_\_\_

LOCATIONS:	
<p>_____ <b>St. Luke's Outpatient Surgery Center</b> 120 NW St. Luke's Blvd. Lee's Summit, MO 64086</p>	<p>_____ <b>Lee's Summit Medical Center</b> 2100 SE Blue Pkwy. Lee's Summit, MO 64063</p>
<p>_____ <b>St. Luke's East Hospital</b> 100 NW St. Luke's Blvd. Lee's Summit, MO 64086</p>	<p>_____ <b>Cushing Memorial Hospital</b> 711 Marshall Street Leavenworth, KS 66048</p>

To ensure that your test is accurate and complete, you **must** follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!*

- \*\* Purchase Moviprep® from pharmacy (prescription required)  
DISREGARD DIRECTIONS ON BOX. FOLLOW INSTRUCTIONS LISTED BELOW ONLY.**
- \*\* Purchase 1 10 oz. bottle of Magnesium Citrate from the laxative section in pharmacy (over the counter). Not red!**

- A week before your procedure:**
- Check with your prescribing doctor to make sure it is safe to hold prescription blood thinners (i.e. Coumadin/ Pradaxa) for 4 days prior. No aspirin or plavix the day of the procedure.
  - Hold prescription diet pills, ie-phentermine, 7 days prior to procedure.

- Clear Liquids Only the entire day of the day before your procedure.**
- Clear liquids permitted are as follows: (water, tea, black coffee, apple juice, white grape and apple juices, lemon or lime Jell-O™, chicken or beef broth (NO noodles!), popsicles, soda pop, cola's, 7 UP™ and Sprite™).
  - You may have liquid Boost (not powder) or Ensure until 3pm ONLY (no substitutions).
  - Do Not drink Alcohol, Do Not drink Milk products, Do Not drink **RED, ORANGE** or **PURPLE** clear liquids. Do Not drink Orange Juice.
- \*\* If you are diabetic, take only half of your normal dose of insulin or oral medications.**

- At 6:00 PM on the day before your procedure, start drinking Moviprep® solution.**
- Empty 1 Pouch A & 1 Pouch B into the disposable container. Add water to the top line of the container. Mix to dissolve. The Moviprep® container is divided by 4 marks.
  - Every 15 minutes, drink the solution down to the next water mark (approximately 8 ounces), until the full liter is completed.
  - After completing the Moviprep® solution, drink 16 ounces of other clear liquids mentioned above until you go to bed.

- If you have not had a bowel movement by 8:00 PM, drink 1 bottle of Magnesium Citrate over 20 minutes.

**On the day of your procedure, 5 hours before your scheduled check-in time, drink the 2nd portion of the MoviPrep® solution.**

- Empty 1 Pouch A & 1 Pouch B into the disposable container. Add water to the top line of the container. Mix to dissolve.
- The MoviPrep® container is divided by 4 marks.
- Every 15 minutes, drink the solution down to the next water mark (approximately 8 ounces), until the full liter is completed.
- Take nothing else by mouth after completing the MoviPrep® solution (4 hours before your scheduled procedure time).

**The day of your procedure:**

- If you take insulin or oral diabetic medication, you are advised to HOLD and DO NOT TAKE on the day of your procedure. Bring it with you.
- Take any heart, blood pressure or seizure medications routinely with a small sip of water.
- You must finish drinking your prep 4 hours before your appointment time.
- No smoking the day of the procedure.

**You must have with you:**

- A responsible adult to drive you home must be present at the check-in and stay at the facility or your colonoscopy will be CANCELLED. They must stay with you for 12 hours after procedure
- No work, no driving, operating machinery or making legal decisions x 24 hours after procedure.
- A list of all medications you are now taking, including over-the-counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in you Pacemaker/AICD card.

**COLON CLEANSING TIPS:**

- **Walking will help move the solution through your body.**
- **Drink the MoviPrep chilled. Make sure to put the MoviPrep jug back into the refrigerator between 8 ounce servings.**
- **It may be helpful to drink sips of the MoviPrep® through a long straw.**
- **If you feel bloated or your stomach feels “full”, slow down drinking the MoviPrep®. Drink 8 ounces of MoviPrep® every 20 minutes (instead of every 15 minutes).**

During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow the above instructions.

- **No liquids of any kind up to 4 hours prior to your arrival time**

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgment will be made by your anesthesia provider.

**\*\*\*REMEMBER – the goal is to get cleaned out. If you have any problems with the prep, please contact our office (816) 554-3838 during business hours or (913) 338-8388 after hours to speak with the doctor on call.\*\*\***

**\* CANCELLATION POLICY \***

**\$50 fee for cancellation of endoscopy appointments with less than 48 hours notification. If you need to cancel or reschedule, call Summit GI at 816-554-3838, NOT the facility where your procedure is scheduled.**

**\*\*INSURANCE INFORMATION\*\***

**Our office may verify insurance benefits and contact you to discuss our procedure fee.**

***Prep instructions are also located on our website [www.summitgi.com](http://www.summitgi.com)***