

**COLONOSCOPY SPLIT PREP USING COLYTE/NULYTELY/GAVILYTE (GENERIC VERSION)**

Patient \_\_\_\_\_

Doctor \_\_\_\_\_

Date \_\_\_\_\_

Arrival Time \_\_\_\_\_

Procedure Time \_\_\_\_\_

**LOCATIONS:**

<p>_____ <b>St. Luke's Outpatient Surgery Center</b> 120 NE St. Luke's Blvd. Lee's Summit, MO 64086</p>	<p>_____ <b>Lee's Summit Medical Center</b> 2100 SE Blue Pkwy. Lee's Summit, MO 64063</p>
<p>_____ <b>St. Luke's East Hospital</b> 100 NE St. Luke's Blvd. Lee's Summit, MO 64086</p>	<p>_____ <b>Cushing Memorial Hospital</b> 711 Marshall Street Leavenworth, KS 66048</p>

To ensure that your test is accurate and complete, you ***must*** follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!*

**OBTAIN 1 GALLON PRESCRIPTION BOWEL PREP THE DAY BEFORE YOUR TEST**

**AT LEAST A WEEK BEFORE YOUR PROCEDURE with Summit Gastroenterology:**

- Check with your prescribing doctor to make sure it is safe to hold prescription blood thinner: \_\_\_\_\_ for \_\_\_\_\_ days prior. Please do not take any Aspirin or Plavix the day of your procedure.
- Hold prescription diet pills, i.e.-phentermine, 7 days prior to procedure.

**THE DAY PRIOR TO YOUR PROCEDURE.**

- The day PRIOR to your scheduled procedure, you are not to eat any solid foods but instead have plenty of clear liquids. Do Not drink **RED, ORANGE, or PURPLE** clear liquids. Clear liquids permitted are as follows: water, tea, black coffee, apple juice, white grape and apple juices, lemon or lime Jell-O™, chicken or beef broth (NO noodles!), popsicles, 7 UP™ and Sprite™.
- You may have liquid Boost (not powder) or Ensure until 3:00pm ONLY (no substitutions).
- **Do not** drink alcohol – **Do not** drink milk or milk products – **Do not** drink orange juice.
  1. Mix prescription bowel prep with 1 gallon of water. Refrigerate. If unflavored, you may add either Crystal Light lemonade or lemon/lime Kool-Aid only.
  2. **First dosing**, begin at **3:00 - 4:00 p.m.**, drink one **8 oz.** glass of prescribed bowel prep every 10 minutes until you finish the **half of the gallon**.
  3. **Second dosing**, **5-6 hours** prior to your scheduled scope time, drink the remaining half gallon. Drink **8 oz.** glass every 10 minutes until you have finished the remaining prep.

- \* If you become nauseated, stop drinking mixture for 30 minutes, then start again.
- \* You should begin experiencing multiple loose bowel movements. The goal is for stools to be as clear as possible. If you do not begin having bowel activity by 9:00 pm, Call the doctor on call **(913) 338-8388**. The better you prep, the better the exam.



## DAY OF YOUR TEST

- **If you take a heart, blood pressure, or seizure medication routinely** - it is okay to take this medication early in the morning of your procedure.
- **HOLD ALL OTHER MEDICATIONS THE DAY OF THE PROCEDURE.**
- Arrive for your exam at the time listed on the reverse side (no later).
- No smoking the day of your procedure.

### PLEASE NOTE

- Do not take prescription blood thinners at least 4 days before your exam.
- Do not take Aspirin, Plavix, or arthritis medications the day of your exam.
- Hold prescription diet pills, i.e.-phentermine, 7 days prior to procedure.
- Drink plenty of clear liquids the **day before** your test (at least 8 oz. every hour).
- If you are diabetic: *NO INSULIN OR ORAL MEDICATIONS THE MORNING OF THE PROCEDURE. TAKE ONLY HALF A DOSE THE DAY BEFORE YOUR PROCEDURE.*

### **You must have with you:**

- A responsible adult to drive you home must be present at the time of check-in and stay at the facility or your colonoscopy will be CANCELLED.
- No working, driving, operating machinery, or making legal decisions for 24 hours after procedure.
- A list of all medications you are now taking, including over-the-counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in your Pacemaker/AICD card.

During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow the above instructions.

- **No liquids of any kind up to 4 hours prior to your arrival time**

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgement will be made by your anesthesia provider.

**PLEASE CALL US AT 816-554-3838 WITH ANY QUESTIONS**

**\* CANCELLATION POLICY \***

**\$50 fee for cancellation of endoscopy appointments with less than 48 hours notification.**

**If you need to cancel or reschedule, call Summit GI at 816-554-3838,**

**NOT the facility where your procedure is scheduled.**

**\*\*INSURANCE INFORMATION\*\***

**Our office may verify insurance benefits and contact you to discuss our procedure fee.**

*Prep instructions are also located on our website [www.summitgi.com](http://www.summitgi.com)*